

## NO RTEC JOB SPECIFIC SKILLS COMPETENCY

### NURSE, GENERAL DUTY (Registered)

DOT: 075.364-010 O\*NET-SOC: 29-1111.00 SVP 7

**Job Description:** Provides general nursing care to patients in hospital, nursing home, infirmary, or similar health care facility.

**Physical Demands:** Mildly active with medium lifting, carrying, or moving (up to 50 lbs.); **General Educational Development:** R5 M4 L5; **Aptitudes** - Above average General Learning Ability, Verbal and Clerical Perception; Average Numerical, Spatial, Form Perception, Motor Coordination, Finger Dexterity and Manual Dexterity.

*Note: In all States and the District of Columbia, students must graduate from an approved nursing program and pass a national licensing examination to obtain a nursing license. Nursing education includes classroom instruction and supervised clinical experience in hospitals and other health facilities. RNs must be licensed to practice in California by the State Board of Registered Nursing.*

### CORE SKILL COMPETENCIES/INDICATORS

1. Can pass the National Council Licensure Examination (NCLEX-RN) based on satisfaction of RN board of educational requirements. (S) *Note: This is a mandatory item and requires achievement documentation, not just rating (Pre-test deficiency = No; Post-test proficiency = Yes)*
2. Can demonstrate basic understanding of human behavior, human body mechanics, nutritional diet standards, anatomy and physiology, and infection control. (S)
3. Can demonstrate ability to appropriately administer medications, tests, injections to patients under the direction of physicians. (R, IN, I, S, T)
4. Can demonstrate proper techniques used to take and record a patient's vital signs, including temperature, blood pressure, pulse rate, and respiration rates, to detect deviations from normal and assess condition of patient. (R, IN, I, S, T)
5. Can demonstrate ability to draw blood as prescribed by a physician. (R, I, S, T)
6. Can demonstrate proper technique used to measure and record a patient's food and liquid intake/output. (R, IN, I, S, T)
7. Can demonstrate ability to objectively observe patients and record significant conditions and reactions to medications or treatment. (IN, I, S)
8. Can demonstrate ability to notify physician of a patient's condition and reactions to drugs, treatments, and significant incidents. (I, S)
9. Can demonstrate proper technique used to assist patients with bathing activities and grooming/personal hygiene. (R, I, S)
10. Can demonstrate proper technique used to assist patients with meals and feeding. (I, S)
11. Can demonstrate proper technique used to assist patients with getting in and out of bed. (I, S)
12. Can demonstrate proper technique used to assist patients with dressing/undressing. (I, S)
13. Can demonstrate proper technique used to assist patients with movement and prescribed exercises. (I, S)
14. Can demonstrate proper technique used to assist patients with bed pan and elimination needs. (I, S)
15. Can demonstrate proper techniques used to transport patients with wheelchairs and wheeled carts, or to assist patients with walking. (R, I, S, T)
16. Can demonstrate proper technique involved in aligning a patient's body for safe positioning, rest, and exercise. (R, I, S)
17. Can demonstrate proper technique used to change bed linen (occupied and unoccupied). (R, I, S)

18. **Can demonstrate proper technique used to administer massages, alcohol rubs, or lotions for circulation and skin care. (I, S)**
19. **Can demonstrate proper techniques used for lifting and transferring patients. (R, I, S, T)**
20. **Can demonstrate proper technique used for restraining a patient. (R, I, S)**
21. **Can demonstrate proper techniques used to prepare rooms, sterilize instruments, equipment, supplies, and hand items to surgeon or other medical practitioner. (R, I, IN, S, T)**
22. **Can demonstrate ability to prepare equipment and aid the physician during treatments and examination of patients. (IN, I, S, T)**
23. **Can demonstrate ability to inventory and/or requisition supplies and medication. (R, IN, S)**
24. **Can demonstrate ability to develop, implement, and evaluate health care plans, or assist with same. (R, IN, I, S)**
25. **Can demonstrate ability to instruct patients and caregivers in how to perform tasks they can do themselves. (I, IN, S)**
26. **Can demonstrate an understanding of the dynamics of dying patients. (IN, I)**
27. **Can demonstrate ability to identify signs and symptoms of approaching death. (IN, I, S)**
28. **Can demonstrate ability to deal with people beyond giving and receiving instructions. (I)**
29. **Can demonstrate ability to record information concisely, accurately, and in a complete manner (IN, I, S)**
30. **Can demonstrate ability to communicate clearly and effectively. (IN, I)**
31. **Can demonstrate and apply basic active listening skills. (IN, I)**
32. **Can demonstrate ability to serve as a leader for group of personnel rendering nursing care to number of patients. (R, I)**
33. **Can demonstrate ability to work under stress when confronted with emergencies; critical, unusual, or dangerous situations; or in which working speed and sustained attention are important aspects of the task. (R, IN, I, S,T)**