

NO RTEC JOB SPECIFIC SKILLS COMPETENCY

PHYSICAL THERAPY AIDE

DOT CODE: 355.354-010 SVP 4

Description: Prepares patients for physical therapy treatments, assists Physical Therapist or Physical Therapist Assistant during administration of treatments, and provides routine treatments. *Physical Demands* - Medium lifting, carrying, moving (up to 50 lbs); *General Education Development* - R3 M2 L3; *Aptitudes* - Average Learning Ability, Verbal, Motor Coordination, Finger Dexterity, and Manual Dexterity.

CORE SKILL COMPETENCIES/INDICATORS:

1. Can demonstrate proper procedures used to prepare patients for physical therapy treatments and activities, such as Gait training, ice massage, intermittent cervical traction, intermittent pelvic traction, 90-90 traction or back swing. (R, IN, I, S, T)
2. Can demonstrate ability to assist physical therapist or physical therapist assistant during administration of treatments and selection of equipment such as TNS, and Respond II. (R, IN, I, S, T)
3. Can demonstrate knowledge of routine treatments such as hydrotherapy, hot and cold packs, and paraffin bath, and provide to patients, as requested by professional staff. (R, S, T)
4. Can demonstrate ability to assist patient to remove clothing and other items. (I)
5. Can demonstrate proper techniques used to assist patient to put on and remove supportive devices such as braces, splints, and slings before and after treatments. (R, I, S, T)
6. Can demonstrate proper techniques used to prepare equipment and supplies for use. (R, S, T)
7. Can demonstrate proper procedure for securing patients into or onto therapy equipment. (R, I, S, T)
8. Can demonstrate ability to safeguard, motivate, and assist patients practicing exercises and functional activities under direction of professional staff. (R, IN, I, S, T)
9. Can demonstrate proper procedure used to transport patients to and from therapy rooms. (R, I, S, T)
10. Can demonstrate ability to accurately record daily treatment given and equipment used for each patient. (R, IN, S)
11. Can demonstrate knowledge of all equipment used in the treatment of patients. (R, IN, S)
12. Can demonstrate ability to appropriately inventory and requisition supplies and equipment, as needed. (R, IN, S)
13. Can demonstrate proper technique used to adjust fit of supportive devices for patients. (R, I, S, T)
14. Can demonstrate ability to appropriately perform other related duties such as preparing Medicare reports, and cleaning, and maintaining treatment areas and/or equipment. (R, IN, S, T)
15. Can demonstrate ability to work under stress to meet schedule deadlines. (R, I)
16. Can demonstrate ability to deal with people beyond giving and receiving instructions. (I)