

## NO RTEC JOB SPECIFIC SKILLS COMPETENCY

**NURSE ASSISTANT (Nurse Aide)**

**DOT: 355.674-014 SVP 4**

*Note: Extended care and skilled nursing facilities generally require:*

*– Completion of a formal nursing course in a Community College or Hospital-Affiliated School*

*– Participation in a State approved work-study program leading toward a Nursing Assistant Certificate (see JSS Comp: Nurse Assistant-Certified)*

### **CORE SKILL COMPETENCIES/INDICATORS:**

1. Can demonstrate basic understanding of human behavior, human body mechanics, nutritional diet standards, anatomy and physiology, and infection control. (S)
2. Can demonstrate proper technique used to assist a patient with bathing activities and grooming/personal hygiene. (R, I, S)
3. Can demonstrate proper technique used to assist a patient with meals and feeding. (I, S)
4. Can demonstrate proper technique used to assist a patient with dressing/undressing. (I, S)
5. Can demonstrate proper technique used to assist a patient with movement and prescribed exercises. (I, S)
6. Can demonstrate proper technique used to assist a patient with bed pan and elimination needs. (I, S)
7. Can demonstrate proper techniques used to transport patients with wheelchairs and wheeled carts, or to assist patients with walking. (R, I, S, T)
8. Can demonstrate ability to objectively report and record patient observations on a patient's chart. (R, IN, I, S)
9. Can demonstrate proper techniques used to take and record patient's vital signs, including temperature, blood pressure, pulse rate, and respiration rates. (R, IN, I, S, T)
10. Can demonstrate proper technique used to apply dressings and compresses. (R, I, S)
11. Can demonstrate proper technique used to clean, sterilize, and assessment treatment trays and other supplies. (R, S, T)
12. Can demonstrate proper technique used to measure a patient's food and fluid intake/output. (R, IN, I, S, T)
13. Can demonstrate proper technique involved in aligning a patient's body for safe positioning, rest, and exercise. (R, I, S)
14. Can demonstrate proper technique used to change bed linen (occupied and unoccupied). (R, I, S)
15. Can demonstrate proper technique used to administer massages and lotions for circulation and skin conditions. (I, S)
16. Can demonstrate ability to observe and report changes in a patient's physical, mental and emotional condition to professional staff. (IN, I, S)
17. Can demonstrate proper techniques used for lifting and transferring patients. (R, I, S, T)
18. Can demonstrate proper technique used for restraining a patient. (R, I, S)
19. Can demonstrate an ability to socialize with patients and lead them in educational and recreational activities. (IN, I, S)
20. Can demonstrate ability to assist professional staff in the examination and treatment of outpatients. (R, IN, I, S, T)
21. Can demonstrate ability to process patient documents, schedule appointments, and/or help patients and their families understand instructions given by medically trained staff. (R, IN, I, S)

22. **Can demonstrate ability to communicate clearly and effectively. (IN, I, S)**
23. **Can demonstrate and apply basic active listening skills. (IN, I, S)**
24. **Can demonstrate ability to deal with people beyond giving and receiving instructions. (I)**