

NoRTEC JOB SPECIFIC SKILLS COMPETENCY

KITCHEN HELPER

DOT: 318.687-010 SVP 2

Job Description: Maintain and clean kitchen work areas, equipment and utensils; Assist cooks, chefs, bakers in preparing foods.

Physical Demands - Active w/Medium lifting, carrying, or moving (up to 50 lbs); **General Educational Development** - R2 M1 L1;

Aptitudes - Numerical and Motor skills.

CORE SKILL COMPETENCIES/INDICATORS:

1. Can demonstrate ability to properly sweep and mop kitchen areas. (R, T)
2. Can demonstrate proper techniques used to wash worktables, walls, refrigerators, grills, stoves, and meat blocks. (R, T)
3. Can demonstrate proper technique used to separate and remove trash and garbage and place it in designated containers. (R, T)
4. Can demonstrate proper techniques used for sorting bottles, and for breaking disposable ones in bottle-crushing machines. (R, T)
5. Can demonstrate proper techniques used to clean garbage cans. (R, T)
6. Can demonstrate proper techniques used to wash dishes, trays, pots and pans used in cooking and food service. (R, T)
7. Can demonstrate proper techniques used to scrape food from dishes and stack in dishwasher or place on conveyor to dishwashing machine. (R, T)
8. Can demonstrate proper technique used to clean inside surfaces of glasses with revolving brushes. (R, T)
9. Can demonstrate proper technique used to remove water spots from glassware. (R)
10. Can demonstrate proper technique used to clean silver flatware. (R, T)
11. Can demonstrate ability to appropriately set up tables for banquets. (R, S, T)
12. Can demonstrate ability to operate mixers, slicers, grinders, and blenders. (R, S, T)
13. Can demonstrate proper techniques used to wash, peel and chop food, manually or by operating equipment. (R, I, S, T)
14. Can demonstrate ability to appropriately measure ingredients. (IN)
15. Can demonstrate ability to appropriately load or unload trucks picking up or delivering supplies and food. (R, I, S, T)
16. Can demonstrate ability to safely transfer supplies and equipment between storage and work areas by hand or by use of hand truck. (R, S, T)
17. Can demonstrate ability to appropriately stock shelves and display cases with supplies and equipment. (R, S)